



Cherry-merry oatmeal

Total: 5 min · Prep: 5 min · 1 servings · Easy · Breakfast

Vegetarian

INGREDIENTS

50 g Oats

80 g Thick yogurt

15 g Peanut butter

5 g Roasted peanuts

75 g Banana

150 g Sweet cherry

INSTRUCTIONS

- 1 Cook the oats according to package instructions.
- 2 Add peanut butter to the cooked oatmeal and mix well.
- 3 Place yogurt, sliced banana and pitted sweet cherries on the side.
- 4 Sprinkle everything with crushed peanuts.

Nutrition per serving: 497 kcal · Protein **18.0 g** · Fat **16.0 g** · Carbs **74.0 g** · Fiber **11.6 g**